

Monthly Snack Plan

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	AM: Homemade Banana Bread & Coconut Milk PM: Celery, Carrots & Ranch Dipping Sauce	AM: Organic Animal Crackers & Tangerines PM: Apples & Cheese Slices	AM: Strawberry yogurt & Granola PM: Hummus & Bagel Chips	AM: Mini Bagels with Organic Cream Cheese/ Honey PM: Homemade Zucchini Bread	AM: Banana's & Organic O's PM: Homemade Applesauce & Graham Crackers
Week 2	AM: Vanilla Yogurt & Apples PM: Pretzel Sticks & Pears Slices	AM: Banana Smoothie & Organic O's PM: Carrot Sticks & Hummus	AM: Homemade Zucchini Bread & Coconut Milk PM: Black Beans & Pita Chips	AM: English Muffin & Peaches PM: Bread Sticks & Organic Marinara	AM: Organic Animal Crackers & Grapes PM: Organic Fish Crackers, Carrots, & Hummus
Week 3	AM: Homemade Peach Bran Bread PM: Seasonal Fruit Smoothie & Organic Animal Crackers	AM: Green Smoothie & Honey Crackers PM: Tzatziki Greek Yogurt Dip & Pita Bread	AM: Mini Bagels with Organic Cream Cheese/Honey PM: Hummus & Pita Chips	AM: : Homemade Banana Bread & Coconut Milk PM: Black Beans & Pita Chips	AM: Organic Animal Crackers & Fruit Salad PM: Homemade Carrot Bread
Week 4	AM: Homemade Apple Bread & Coconut Milk PM: Pears, Carrots, & Cheese Slices	AM: Peach Yogurt & Seasonal Bagel PM: : Bread Sticks & Organic Marinara	AM: Mini Croissant & Peach Compote PM: Homemade Apple Bread	AM: Seasonal Fruit Smoothie & Organic O's PM: Yogurt Parfait with Berries and Granola	AM: Green Juice, Organic Animal Crackers PM: Seasonal Melon & Mini Bagels

1. All snacks come with purified water and either cucumber or citrus fruits.
2. Fruits, vegetables, and herbs come from the student's garden when possible.
3. Breads are baked in class when possible.
4. Menu subject to changes.